



# THE SPORTS BAR

ALL-DAY MENU

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## SANDWICHES

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<b>Honey &amp; Juniper Roasted Ham</b> English mustard, rocket	11.00
<b>Hummus &amp; Roasted Red Pepper</b> <b>VE</b> Rocket leaves	10.00
<b>Smoked Salmon &amp; Lemon</b> Lemon mascarpone, dill	13.00
<b>Beef &amp; Horseradish</b> Slow cooked beef, horseradish, parsley	13.00

*All cold sandwiches served on white or wholemeal bloomer.  
Gluten Free alternative available for all sandwiches.*

## HOT SANDWICHES

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<b>Halloumi &amp; Mango Wrap</b> <b>V</b> Crispy halloumi, mango salsa, rocket, roasted red peppers	15.00
<b>Steak Ciabatta</b> Sirloin steak, slow cooked onions, mustard mayonnaise	19.00
<b>Cod-Wich</b> Beer battered cod, brioche bun, lettuce, tartar sauce, curry sauce	17.00
<b>Crispy Cajun Wrap</b> Crispy chicken tenders, hot honey mayonnaise, lettuce, pickled cucumber	16.00
<b>Old Thorns Club</b> Maple streaky bacon, chicken, tomato, baby gem, mayonnaise <i>Gluten Free alternative available.</i>	19.00

*All sandwiches served with fries.  
Gluten Free alternative available for all sandwiches.  
Served between 12.00pm and 5.00pm*

## FLATBREADS

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<b>Chicken Spiced Shawarma</b> Spiced chicken, pickled onions, coriander yoghurt	17.00
<b>Red Pepper Hummus</b> <b>V</b> Red pepper hummus, feta, roasted peppers	15.00
<b>BBQ Meat Feast</b> Pepperoni, pastrami, ham, BBQ sauce	17.00

## SOMETHING TO SHARE

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**Baba Ghanoush** **VE** 9.00  
Toasted sourdough pitta, flat parsley, olive oil, toasted cumin seeds

**Thai Style Crab Cakes** 16.00  
Fresh white crab meat, Chilli, fish sauce, Spicy aioli, pickled veg

**Sharing Slider Combo** 18.00  
2 Beef Sliders | American cheese, burger sauce, lettuce, gherkins  
2 Buttermilk Chicken Sliders | Hot sauce, garlic mayonnaise, lettuce  
2 BBQ Pulled Pork Sliders

Add On | 2 portions of Fries 6.00

## SMALL PLATES

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**Tempura Cod Bites** 11.00  
Caramelised lime, spiced coconut dipping sauce, lime

**Beef Croquettes** 11.00  
Slow cooked beef, smoky BBQ sauce, crisp carrot salad

**Chickpea & Sweet Potato Fritters** **VE** 10.00  
Mango, mint sauce

**BBQ Salmon** **GF** 12.50  
Cucumber relish, dill, yuzu buttermilk

**Crispy Korean Chicken** 13.00  
Korean sauce, pickled chilli, spring onions

## SALADS

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**Old Thorns Superfood** **GF V** 14.00  
Quinoa, sweet potato, cherry tomatoes, broccoli, feta, pumpkin seeds, spinach, honey dressing

**Caesar Salad** **V** 14.00  
Crisp baby gem, parmesan cheese, garlic croutons, anchovies, parmesan dressing, boiled egg  
*Gluten Free alternative available.*

**Power Up Your Greens**

Chicken Breast	6.00
Salmon Fillet	8.00
Sirloin Steak	10.00
Hot Honey Halloumi	6.00
Seitan Chicken <b>VE</b>	6.00

## LARGER PLATES

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<b>8oz Sirloin Steak</b>	32.00
Chunky chips, micro watercress, tomato, flat mushroom, peppercorn sauce	
<b>Spiced Chicken Curry GF</b>	22.00
Marinated chicken breast, light spiced coconut sauce, mangetout, coriander, sticky rice	
<b>Fish &amp; Chips</b>	19.00
8oz haddock fillet, triple cut chips, mushy peas, tartar sauce, lemon	
<b>Double Cheeseburger</b>	21.00
Double 4oz beef patties, brioche bun, swiss cheese, burger sauce, lettuce, gherkin, skin on fries	
<b>Crispy Glazed Chicken Burger</b>	19.00
Asian glazed crispy chicken, brioche bun, pickled cucumber, rocket, coriander mayonnaise, skin on fries	
<b>Penne Arabiata V</b>	17.00
Penne pasta, spicy tomato sauce, grana padano, parsley	
<b>Tofu Katsu GF VE</b>	17.00
Crispy tofu, Katsu sauce, coconut rice	

## SIDES

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<b>Battered Onion Rings V</b>	7.00
Beer batter, spicy aioli	
<b>Truffled Fries V</b>	7.00
Parmesan cheese, truffle oil, parsley	
<b>Hand Cut Chips V</b>	6.00
Mustard mayonnaise dip	

## SOMETHING TO FINISH

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<b>Sticky Toffee Pudding</b>	10.00
Date sponge, fudge, caramel ice cream, salted toffee sauce	
<b>Double Chocolate Brownie</b>	9.00
Chocolate sauce, vanilla ice cream, bitter chocolate soil	
<b>Mixed Berry Eton Mess</b>	9.00
Chantilly cream, meringue, summer berries, lemon balm	

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GF Gluten Free

VE Vegan

V Vegetarian

*If you require information regarding the presence of allergens in any of our food or drink, please ask. Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients. This menu is subject to change, depending on availability. Details correct as of July 2026*